

## **JOB CORPS BASIC HEALTH-CARE RESPONSIBILITIES**

### **A. Medical**

1. Assessment and diagnosis of illness and injury, to include:
  - Cursory medical evaluation by a qualified health professional; must be completed within 48 hours after the student's entry.
  - Entrance physical examination by a qualified health professional within 14 days after entry using Job Corps approved history and physical forms.
  - Required entry laboratory studies
    - Hemoglobin or hematocrit
    - Pregnancy test (all females)
    - Pap smear (all females  $\geq$  21 years of age)
    - Chlamydia and gonorrhea testing
    - HIV testing
    - Urine drug screen
  - Immunizations, to include boosters for incomplete immunization series, and hepatitis B vaccine for health occupations training students.
  - Tuberculin skin test (Mantoux).
  - Vision and hearing screening.
  - Daily walk-in clinic and appointment system for above and for episodic illness or injury assessment by center physician and/or nurse.
  - Inpatient unit visits for minor conditions, such as respiratory infections, or flu symptoms.
2. Treatment, as highlighted below, will be provided when necessary. Third-party payer information will be given to providers when off-center care is required.
  - Primary emergency care for illness and injury, including first aid and CPR, and secondary care within capabilities, e.g., injection of epinephrine, and immediate transfer to hospital emergency room for specialized diagnosis and treatment, if needed.
  - Treatment of urgent and other conditions not needing specialized care and that are within the capabilities of qualified health professionals on staff.
  - Management of chronic health conditions as directed by qualified health professionals.
  - Referral to off-center physicians for detailed specialized assessment.
  - Access to prescription medications.

If a student sustains an on-the-job injury that requires extensive or specialized treatment, he or she will be medically separated with reinstatement rights and a referral will be sent to the Office of Workers' Compensation Programs (OWCP).

B. Oral Health

1. Assessment and diagnosis, to include:
  - Dental readiness inspection within 14 days after entry to identify urgent care need for oral conditions that if not treated are expected to result in dental emergencies in the near future.
  - Elective oral examination upon student request, including x-rays to precede dental treatment.
2. Treatment, to include:
  - Dental procedures to treat oral disease and correct oral health conditions that may represent employability barriers. Specific procedures include:
    - Restorations
    - Extraction of pathological teeth
    - Root canal therapy on anterior and other strategic teeth
    - Replacement of missing upper anterior teeth with a removable prosthesis
    - Dental hygiene treatment that involves nonsurgical periodontal care to treat periodontal disease
  - Referral to off-center facilities as necessary for emergent or urgent conditions treatable beyond the expertise of a general dentist.
3. Oral disease prevention education and management, to include:
  - Oral strategies, such as oral hygiene instruction, risk assessments, and group education.
  - Oral-health promotion activities with an emphasis on overall wellness and employability.

C. Mental Health

1. Assessment and possible diagnosis, to include:
  - Assessments and recommendations for Job Corps applicants.
  - Review of Social Intake Form (SIF) or intake assessment performed by counseling staff of students who indicate mental health history, current mental health problems, or who request to see the center mental health consultant within 1 week of arrival.
  - Mental-health assessments with recommendations for referred students.
2. Mental-health promotion and education, to include:

- Minimum of a 1-hour presentation on mental health promotion for all new students during the Career Preparation Period with an emphasis on employability.
  - Presentation(s) on managing mental health-related symptoms and behaviors in the workplace for students during the Career Development and Transition Periods.
  - At least one annual center-wide mental-health promotion and education activity.
  - Clinical consultation with Center Director, management staff, and Health and Wellness Manager regarding mental health related promotion and education efforts for students and staff.
  - Coordination with other departments/programs on center to develop integrated promotion and education services.
3. Treatment, to include:
- Short-term counseling defined as no more than six sessions with mental health checks as needed. The focus of these sessions should be on retention and behaviors that represent employability barriers.
  - Collaboration with Trainee Employee Assistance Program (TEAP) Specialists in the short-term counseling of students with co-occurring conditions of mental health and substance use.
  - Collaboration with center physician and Health and Wellness staff on psychotropic medication monitoring of stable students, with the advice of consulting psychiatrist, if appropriate.
  - Collaboration with counseling staff in developing and/or leading psycho-educational skill building groups to promote (e.g., relaxation training, anger management, mood regulation, assertiveness skills, handling relationships, sleep hygiene, etc.).
  - Information exchange through regular case conferences between the Center Mental Health Consultant, counselors, and other appropriate staff members based on individual student needs.
  - Crisis intervention, as needed.
  - Referral to off-center mental-health professionals or agencies.
- D. Trainee Employee Assistance Program (TEAP)
1. Substance use prevention and education, to include:
- Minimum of a 1-hour interactive presentation on substance use prevention for all new students during the Career Preparation Period.
  - Presentation(s) on managing substance misuse, abuse and dependency conditions in the workplace students during the Career Development and Transition Periods.

- At least three annual center-wide substance use prevention and education activities.
  - Clinical consultation with Center Director, management staff, Center Mental Health Consultant, and Health and Wellness Manager regarding substance use related prevention and education efforts for students and staff.
  - Coordination with other departments/programs on center to develop integrated prevention and education services.
2. Assessment for identification of students at risk for substance use problems to include:
- Review of Social Intake Form (SIF) or intake assessment of all students performed by counseling staff within 1 week of arrival.
  - Formalized assessment measures (e.g., SASSI3 or SASSIA2) and clinical judgment to determine students' risk levels for substance use.
  - Collaboration with the Center Mental Health Consultant to determine when a MSWR or medical separation is appropriate and should be recommended for a student with substance use conditions.
3. Intervention services for students identified at an elevated risk for substance use, to include:
- Individual and group intervention services with a focus on behaviors that represent employability barriers.
  - Collaboration with the Center Mental Health Consultant for students with co-occurring conditions of mental health and substance use.
  - Referral to off-center substance abuse professionals or agencies for ongoing treatment and/or specialized services.
4. Drug and alcohol testing, to include:
- Drug and alcohol testing procedures
  - Policies related to positive drug or alcohol tests
  - Notification of drug or alcohol test results