




JAN 21 2020

**DIRECTIVE:           JOB CORPS INFORMATION NOTICE 19-05**

**TO:**                    ALL JOB CORPS NATIONAL OFFICE STAFF  
 ALL JOB CORPS REGIONAL OFFICE STAFF  
 ALL JOB CORPS CENTER DIRECTORS  
 ALL JOB CORPS CENTER OPERATORS  
 ALL NATIONAL TRAINING AND SUPPORT CONTRACTORS  
 ALL OUTREACH, ADMISSIONS, AND CTS CONTRACTORS  
 ALL CENTER USERS

**FROM:**               DEBRA CARR  
 Acting National Director  
 Office of Job Corps 

**SUBJECT:**           Mental Health and Wellness Program (MHWP)-Related Observances

1.     Purpose. To provide a list of MHWP-related observances for the months of February through November 2020.
  
2.     Background. Mental health promotion and education activities provide an excellent opportunity to engage the entire Job Corps center community in raising awareness of mental health. This has the benefit of increasing positive attitudes about mental health, reducing stigma and encouraging students and staff to seek assistance when needed. These events also serve to fulfill the Policy and Requirements Handbook (PRH) requirements for the promotion and education component of the MHWP [PRH 6.10, R3(c)]. Centers are encouraged to plan educational MHWP-focused events for students and staff around the mental health and related observances listed below:

Date	Observance	Website
<b>2020</b>		
February	<b>Teen Dating Violence Awareness and Prevention Month</b>  Sponsor: Break the Cycle	<a href="https://www.breakthecycle.org/blog/february-teen-dating-violence-awareness-and-prevention-month">https://www.breakthecycle.org/blog/february-teen-dating-violence-awareness-and-prevention-month</a>  <a href="https://www.loveisrespect.org/teendvmonth/">https://www.loveisrespect.org/teendvmonth/</a>

Date	Observance	Website
February 24- March 1	<b>National Eating Disorders Awareness Week</b>  Sponsor: National Eating Disorders Association	<a href="https://www.nationaleatingdisorders.org/nedawareness">https://www.nationaleatingdisorders.org/nedawareness</a>
March 1-8	<b>Sleep Awareness Week</b>  Sponsor: National Sleep Foundation	<a href="https://sleepfoundation.org/SAW">https://sleepfoundation.org/SAW</a>
March 30-April 3	<b>National Youth Violence Prevention Week</b>  Sponsor: National Association of SAVE	<a href="http://nationalsave.org/nyvvpw/">http://nationalsave.org/nyvvpw/</a>
April	<b>Sexual Assault Awareness Month</b>  Sponsor: National Sexual Violence Resource Center	<a href="http://www.nsvrc.org/saam">http://www.nsvrc.org/saam</a>
April 7	<b>Sexual Assault Awareness Month Day of Action</b>  Sponsor: National Sexual Violence Resource Center	<a href="https://www.nsvrc.org/saam/about/day-of-action">https://www.nsvrc.org/saam/about/day-of-action</a>
April 2	<b>RAINN Day</b>  Sponsor: Rape, Abuse & Incest National Network (RAINN)	<a href="https://www.rainn.org/articles/rainn-day">https://www.rainn.org/articles/rainn-day</a>
May	<b>Mental Health Month</b>  Sponsor: Mental Health America	<a href="http://www.mentalhealthamerica.net/may">http://www.mentalhealthamerica.net/may</a>
May TBD	<b>National Prevention Week</b>  Sponsor: Substance Abuse and Mental Health Services Administration (SAMHSA)	<a href="https://www.samhsa.gov/prevention-week">https://www.samhsa.gov/prevention-week</a>
July	<b>National Minority Mental Health Awareness Month</b>  Sponsor: National Alliance on Mental Illness	<a href="https://www.nami.org/Get-Involved/Awareness-Events/Minority-Mental-Health-Awareness-Month">https://www.nami.org/Get-Involved/Awareness-Events/Minority-Mental-Health-Awareness-Month</a>

Date	Observance	Website
September	<b>National Recovery Month</b> Sponsor: Substance Abuse and Mental Health Services Administration (SAMHSA)	<a href="https://www.recoverymonth.gov/">https://www.recoverymonth.gov/</a>
September 6-12	<b>National Suicide Prevention Week</b> Sponsor: American Association of Suicidology	<a href="http://www.suicidology.org/about-aas/national-suicide-prevention-week">http://www.suicidology.org/about-aas/national-suicide-prevention-week</a>
September 10	<b>World Suicide Prevention Day</b> Sponsors: International Association for Suicide Prevention and American Association of Suicidology	<a href="https://www.iasp.info/wspd/">https://www.iasp.info/wspd/</a>
October	<b>Domestic Violence Awareness Month</b> Sponsor: National Resource Center on Domestic Violence	<a href="https://nrcdv.org/dvam/home">https://nrcdv.org/dvam/home</a>
October	<b>National Bullying Prevention Month</b> Sponsor: PACER Center, Inc.	<a href="http://www.pacer.org/bullying/nbpm/">http://www.pacer.org/bullying/nbpm/</a>
October 8	<b>National Depression Screening Day</b> Sponsor: Screening for Mental Health, Inc.	<a href="https://mentalhealthscreening.org/programs/community/ndsd.aspx">https://mentalhealthscreening.org/programs/community/ndsd.aspx</a>
October 4-10	<b>Mental Illness Awareness Week</b> Sponsor: National Alliance on Mental Illness	<a href="https://www.nami.org/Get-Involved/Raise-Awareness/Awareness-Events/Mental-Illness-Awareness-Week">https://www.nami.org/Get-Involved/Raise-Awareness/Awareness-Events/Mental-Illness-Awareness-Week</a>
October 10	<b>World Mental Health Day</b> Sponsor: World Health Organization	<a href="http://www.who.int/mental_health/world-mental-health-day/en/">http://www.who.int/mental_health/world-mental-health-day/en/</a>
October 21	<b>Unity Day</b> Sponsor: PACER Center, Inc.	<a href="http://www.pacer.org/bullying/nbpm/unity-day.asp">http://www.pacer.org/bullying/nbpm/unity-day.asp</a>

Date	Observance	Website
November 21	<b>International Survivors of Suicide Loss Day</b>  Sponsor: American Foundation for Suicide Prevention	<a href="https://afsp.org/find-support/ive-lost-someone/survivor-day/">https://afsp.org/find-support/ive-lost-someone/survivor-day/</a>

3. Action. Centers are encouraged to plan MHWP-related events throughout the year. If available, photos of the event should be submitted to Julie Luht at [julie.luht@humanitas.com](mailto:julie.luht@humanitas.com) for inclusion in future health and wellness publications. Addressees are to ensure this Information Notice is distributed to all appropriate staff.

4. Expiration Date. Until superseded.

5. Inquiries. Inquiries should be directed to Cassandra Thomas at (202) 693-3933 or [Thomas.Cassandra@dol.gov](mailto:Thomas.Cassandra@dol.gov).