

April 6, 2016

DIRECTIVE: JOB CORPS INFORMATION NOTICE 15-31

TO: ALL JOB CORPS NATIONAL OFFICE STAFF
ALL JOB CORPS REGIONAL OFFICE STAFF
ALL JOB CORPS CENTER DIRECTORS
ALL JOB CORPS CENTER OPERATORS
ALL NATIONAL TRAINING AND SUPPORT CONTRACTORS
ALL OUTREACH, ADMISSIONS, AND CTS CONTRACTORS

FROM: LENITA JACOBS-SIMMONS
National Director
Office of Job Corps

SUBJECT: Upcoming Mental Health and Wellness Program- (MWHP) Related
Observances

1. Purpose. To provide a list of MHWP-related observances for the months of April 2016 through March 2017.

2. Background. Mental-health promotion and education events and activities increase awareness of mental-health conditions and reduce stigma. This can help students and staff develop a positive attitude about mental health, and encourage them to seek assistance when needed. These events serve many other purposes including increasing the visibility of the MHWP, promoting positive emotional wellness, and fulfilling Policy and Requirements Handbook (PRH) requirements for the educational component of the MHWP (PRH 6.10, R3[c]). Centers are encouraged to plan educational MHWP-focused events for students and staff around the mental health and related observances listed below:

Date	Observance	Web site
April	Sexual Assault Awareness and Prevention Month Sponsor: Rape, Abuse & Incest National Network (RAINN)	https://rainn.org/news-room/join-RAINN-april-2016
April 3-9	National Youth Violence Prevention Week Sponsor: National Association of SAVE	http://nationalsave.org/event/national-youth-violence-prevention-week/
April 5	Sexual Assault Awareness and Prevention Day of Action	www.nsvrc.org/saam/current-campaign/day-of-action

Date	Observance	Web site
	Sponsor: National Sexual Violence Resource Center	
May	Mental Health Month Sponsor: Mental Health America	http://www.mentalhealthamerica.net/may
September	National Recovery Month Sponsor: Substance Abuse and Mental Health Services Administration (SAMHSA)	http://www.recoverymonth.gov
September 5-11	National Suicide Prevention Week Sponsor: American Association of Suicidology	http://www.suicidology.org/about-aas/national-suicide-prevention-week
September 10	World Suicide Prevention Day Sponsors: International Association for Suicide Prevention and American Association of Suicidology	https://www.iasp.info/wspd/
September 15	RAINN Day Sponsor: Rape, Abuse & Incest National Network (RAINN)	www.rainn.org/rainnday
October	Domestic Violence Awareness Month Sponsor: National Coalition Against Domestic Violence	http://nnedv.org/getinvolved/dvam.html
October	National Bullying Prevention Month Sponsor: PACER Center, Inc.	http://www.pacer.org/bullying/nbpm/
October 2-8	Mental Illness Awareness Week Sponsor: National Alliance on Mental Illness	www.nami.org
October 6	National Depression Screening Day ® Sponsor: Screening for Mental Health, Inc.	http://www.mentalhealthamerica.net/conditions/national-depression-screening-day
October 10	World Mental Health Day	http://www.who.int/mental_health/world-mental-health-day/en/

Date	Observance	Web site
	Sponsor: World Health Organization	
November 19	International Survivors of Suicide Day Sponsor: American Foundation for Suicide Prevention	http://www.survivorday.org/
February 2017*	Teen Dating Violence Awareness Month Sponsor: Break the Cycle	http://www.breakthecycle.org/
February 23 – March 1, 2017*	National Eating Disorders Week Sponsor: National Eating Disorders Association	http://nedawareness.org/
March 2017*	National Sleep Awareness Week ® Sponsor: National Sleep Foundation	https://sleepfoundation.org/
March 2017	Problem Gambling Awareness Month Sponsor: National Council on Problem Gambling	http://npgaw.org/

3. Action. Centers are encouraged to plan MHWP-related events throughout the year. If available, photos of the event should be submitted to Julie Luht at julie.luht@humanitas.com for inclusion in future health-and-wellness publications.

Addressees are to ensure this Information Notice is distributed to all appropriate staff.

4. Expiration Date. Until superseded.

5. Inquiries. Inquiries should be directed to Johnetta Davis at (202) 693-8010 or via e-mail at davis.johnetta@dol.gov.

*Dates and information will be available on the sponsor's Web site when announced